

Conversion of steviol glycosides to steviol equivalents and vice-versa

| To obtain the steviol equivalent of: | Molecular weights | Multiply the amount by: |
|---|--------------------------|---------------------------------------|
| Stevioside | 804.38 | 0.395 |
| Rebaudioside A | 966.43 | 0.329 |
| Rebaudioside C | 950.44 | 0.334 |
| Dulcoside A: | 788.38 | 0.400 |
| Rubusoside | 642.33 | 0.496 |
| Steviolbioside | 642.33 | 0.496 |
| Rebaudioside B | 804.38 | 0.395 |
| Rebaudioside D | 1128.48 | 0.282 |
| Rebaudioside E | 966.43 | 0.329 |
| Rebaudioside F | 936.42 | 0.340 |
| To obtain the steviol glycoside | Molecular weights | Multiply steviol equivalent by |
| Stevioside | 804.38 | 2.532 |
| Rebaudioside A | 966.43 | 3.039 |
| Rebaudioside C | 950.44 | 2.994 |
| Dulcoside A: | 788.38 | 2.500 |
| Rubusoside | 642.33 | 2.016 |
| Steviolbioside | 642.33 | 2.016 |
| Rebaudioside B | 804.38 | 2.532 |
| Rebaudioside D | 1128.48 | 3.546 |
| Rebaudioside E | 966.43 | 3.039 |
| Rebaudioside F | 936.42 | 2.941 |

Quelle: EUSTAS